The 39th TAUNTON 10K

taunton10k.uk

Sunday 27th September 2026 - Start 11.00 am

UK Athletics Rules for Competition– Licence 2026-31537
SEAA Course Measurement Certificate 17/405

RUNNERS' INSTRUCTIONS

THE START - The race HQ is at the Blackbrook Leisure Centre and Spa in Blackbrook Way TA1 2RW in the Holway area of Taunton, signposted from M5 junction 25.

Turn in off Blackbrook Way carefully, the Centre campus will be busy.

CAR PARKING will be on the playing field next to Centre, behind the Swimming Pool. Please do not inconvenience local residents by parking in the adjacent roads, as these form part of the diversion keeping traffic away from the Start.

After parking follow the signs around to the front of the Centre building. Runners' entrance is down the side of the Sports Hall towards the Finish point.

RUNNING NUMBERS with timing chips will be available for collection on raceday from 8.30am in the Sports Hall at the Centre.

Please arrive in plenty of time to park, collect and fix on your number before the Start at 11.00am. You need to provide your own safety pins.

Check the Emergency Info printed on the back of your number and amend if necessary. Wear your number on your FRONT so it can be seen clearly as you cross the Start and Finish lines.

You are encouraged to come ready to run or to change in your car. Limited **CHANGING FACILITIES** are available at the Centre. Articles are left there ENTIRELY AT OWNER'S RISK. Toilets and limited shower facilities are available within the Centre. Additional toilets will be provided at the side of the Finish straight.

THE ROUTE - Assemble at the Start in the road immediately outside the Centre at 10.50 am. The route proceeds along Blackbrook Way, Chestnut Drive, right into Upper Holway Road, left into Holway Avenue, South Road, Stoke Road (crossing Chestnut Drive) and out into the countryside along narrow roads through Stoke St Mary, turning left at the village hall towards Henlade, left past the golf driving range, through Haydon (using a private gravel drive to avoid blind bends). At the end of Haydon Lane turn right onto the pavement along Chestnut Drive and Blackbrook Way to the Finish at the Centre. Distance markers will be placed at kilometre intervals. Runners are requested to keep to the left hand side of the road at all times (except for the pavement section) and to comply with instructions from Marshals. Some parts of the course are narrow. **Roads are NOT completely closed to traffic**. The course has been measured using a bicycle fitted with a Jones Counter, as required by England Athletics.

UKA Rule 240 S5 Supplement states "**the wearing of headphones**, or similar devices, (other than those medically prescribed), **is not permitted** in races on any single carriageway road that is not wholly closed to traffic". Headphones that work by conducting sound through bones and do not sit in the ears are acceptable.
Runners wearing headphones to listen to music or similar, thus preventing them from hearing approaching traffic or instructions from Marshals, may be disqualified.

IN THE INTERESTS OF SAFETY

- **Please do not attend if you are feeling unwell for any reason**
- please run in **single file** if you hear vehicles approaching from behind
- where directed by Marshals please run on the **footway**
- **no dogs or cyclists** will be allowed to accompany runners
- runners must not take part pushing children in '**buggies'** .

A **WATER STATION** will be located at approx 5.5K. Drinks should be taken whenever possible. Please take only one water bottle to make sure there are enough for those that are not as fast as you!

Western Medical Services will provide **FIRST AID** on the course and at the start and finish.

The **FINISH** is within the Centre grounds. First Aid and water will be available.

RESULTS will be processed and held on computer. A link to them will be published on the day. Final Results will be published on the event website as soon as possible after the race.

PRIZES will be presented as close as possible to 12.30 pm in the Sports Hall

There will be an **INFORMATION POINT** in the Sports Hall. Please use this if you have any queries.

Free downloads for this year's race from *www.photofit.com* **OFFICIAL PHOTOGRAPHERS**
Photos will be published here after the race https://photo-fit.photohawk.com/galleries/taunton-10k-2026. You can also register here before the event to be notified when your images are online.

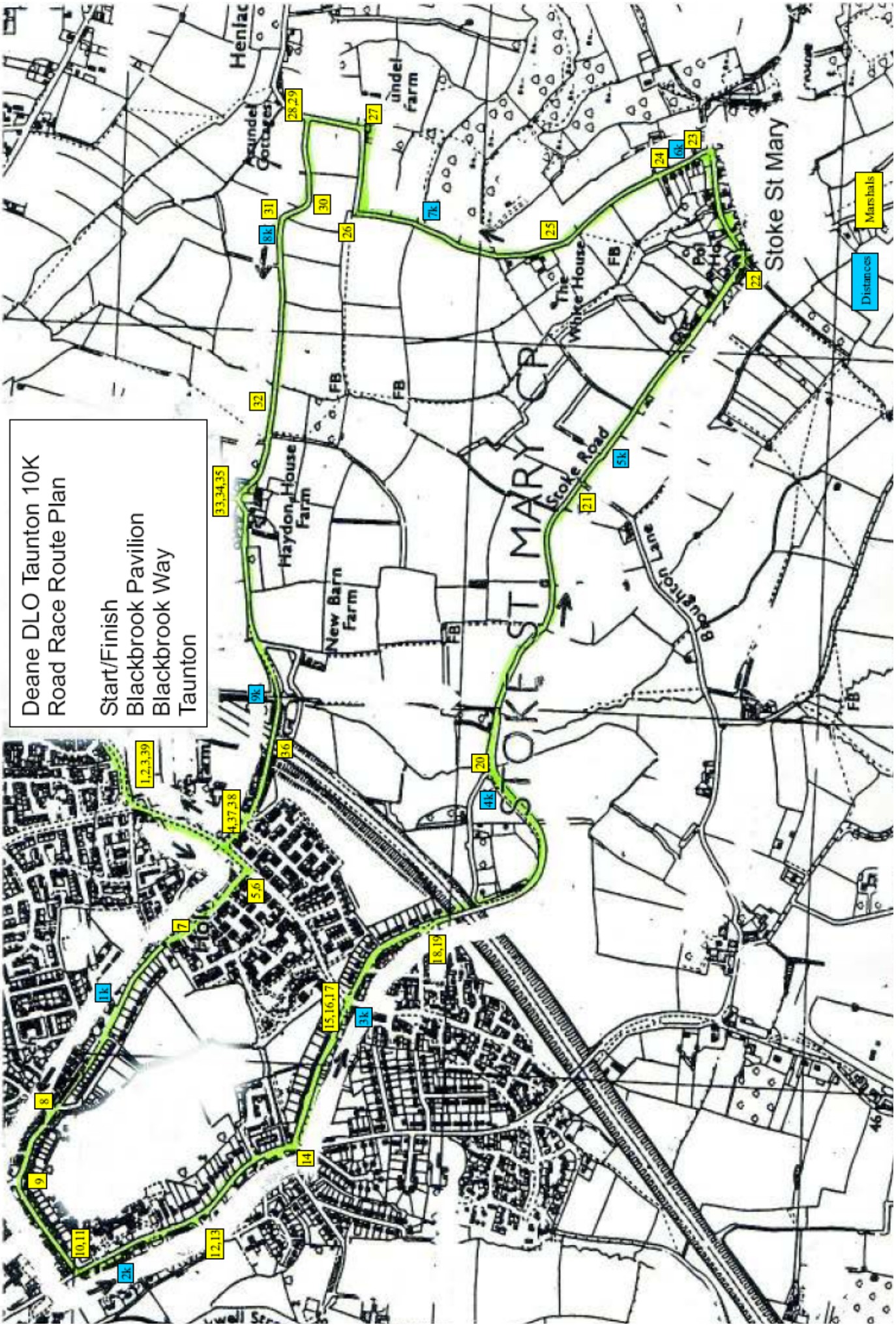
REFRESHMENTS - Drinks and other refreshments will be available for purchase at the Centre complex before and during the race.

There are no entries or substitutions on raceday

ANY LAST MINUTE changes to race arrangements will be posted on the event website.

We hope you enjoy your visit to Taunton and have a successful run. If you have any queries contact:

John or Sue Lewis - telephone (01823) 283892
email info@taunton10k.uk


Deane DLO Taunton 10K
Road Race Route Plan
Start/Finish
Blackbrook Pavilion
Blackbrook Way
Taunton
Stoke St Mary
Stoke Road
Haydon House Farm
New Barn Farm
The White House
Broughton Lane
Marshals
Distances
1,2,3,39
4,37,38
5,6
7
8
9
10,11
12,13
14
15,16,17
18,19
20
21
22
23
24
25
26
27
28,29
30
31
32
33,34,35
36
1k
2k
3k
4k
5k
6k
7k
8k
9k